

CURRICULUM VITAE

Annik Simons

Personal profile:

Date of birth: 02/07/1971

Sex: Female

Marital status: married

Languages known: Dutch, English, French

Education and qualifications:

Sint-Ursula Lyceum: 1983-1989: Latijn – Wetenschappen

University of Antwerp, Belgium: 1989-1996: medicine

University of Antwerp: 1996-2001: specialisation Child and Adolescent Psychiatry

Training Korzybski Brugge, Belgium

Training Multi Family Therapy Londen, UK

Training IZIKA, Antwerp, Belgium

Training Triple P, Antwerp, Belgium

Training Acceptance and Commitment Therapie, ACT-Academy, Belgium

Work experience:

Child and adolescent psychiatrist Vagga Antwerp 2001-2003.

Child and adolescent psychiatrist Stichting Kinsbergen Antwerp 2001-2002.

Child and adolescent psychiatrist Centre of Hereditary Metabolic Diseases Antwerp 2002-present.

Child and adolescent psychiatrist Ziekenhuis Netwerk Antwerpen – unit of eating disorders 2001-present.

Child and adolescent psychiatrist and founder Care in Balance, 2016-present

Founding member and board member of Flemish Academy of Eating Disorders 2011-present.

Chairman Flemish Academy of Eating Disorders 2017-present.

Head of intervention group Eetexpert region Antwerp 2009-present.

Member of advisory board Eetexpert 2014-present.

Teacher of the part of eating disorders at University of Antwerp at the Master after Master students Child and Adolescent Psychiatry.

Researcher CAPRI, University of Antwerp.

Publications:

Books:

Co-author leerboek Kinder- en Jeugdpsychiatrie, Hoofdstuk eet- en voedingsstoornissen. de Tijdstroom. 1^{ste} en 2^{de} druk. 2006 en 2013.

Author Survival Gids voor kinderen met overgewicht. Abimo. 1^{ste} en 2^{de} druk. 2011 en 2013.

Co-author Kinder- en Jeugdpsychiatrie. Hoofdstuk Eetstoornissen in de late kindertijd en adolescentie leeftijd. Van Gorcum, 2014.

Articles:

Cognitive functioning and psychiatric disorders in children with a metabolic disease.

Simons A, Eyskens F, De Groof A, Vermeiren R.

European Child and Adolescent Psychiatry 15(4):207-13. July 2006.

Cognitive functioning and psychiatric disorders in children with metabolic diseases.

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Docx M, Geillig M, Simons A, Mertens L.

Eating disorders 18(3): 218-25. May 2010.

Bone mineral density in the lumbar spine in anorexic girls.

Docx M, Ramet J, Simons A, Eyskens F.

Pediatric Research 68: 161-161. October 2010

Delayed gastric emptying in anorexic adolescents measured with the 13 C octanoic acid breath test.

Docx M, Verbeke K, Simons A, Veerman-Wauters G.

Food and Nutrition Sciences 3(8): 1043-1047. August 2012.

Olanzapine-associated hypothermia in an adolescent anorexic girl.

Docx M, Simons A, Ramet J, Govaert P.

Open Journal of Clinical Diagnostics 2: 76-80. December 2012

Long-term follow-up on the effect of combined therapy of bile acids and statins in the treatment of cerebrotendinous xanthomatosis: a case report.

Luyckx E, Eyskens F, Simons A, Beckx K, van West D, Dhar M.

Clinical Neurology and Neurosurgery 118. January 2013.

Erythema ab igne in an adolescent with anorexia nervosa?

Docx M, Simons A, Ramet J, Mertens L.

International Journal of Eating Disorders 46(4). May 2013.

Intermittent Brugada syndrome in an anorexic adolescent girl.

Docx M, Loeys B, Simons A, Gewillig M, Proost D, Van Laer L, Mertens L.

Journal of Cardiology Cases 10(3). July 2014.

Ferritin and body mass index predict cardiac dysfunction in female adolescents with anorexia of the restrictive type.

Docx M, Weyler J, Simons A, Mertens L.

Acta cardiologica 70(4): 395-399 August 2015.

Early-onset eating disorders: a review of the literature.

Poppe I, Simons A, Glazemakers I, van West D.

Tijdschrift voor Psychiatrie 57(11): 805-814. 2015

Can psychiatric childhood disorders be due to inborn errors of metabolism?

A.Simons, F. Eyskens, I. Glazemakers, D van West.

Eur Child Adolesc Psychiatry DOI 10.1007/s00787-016-0908-4.

Het verband tussen kinder- en jeugdpsychiatrische aandoeningen en erfelijke metabole aandoeningen en erfelijke metabole ziekten.

Simons, Eyskens, Neuron, feb 2017

Vrouwelijke adolescente anorexia nervosa patiënten versus een groep vrouwelijke adolescenten zonder eetstoornis.

Van Wolvelaer, Van Durme, Braet, Van den Eeden, Bohler, Lampo, Vanhooren, Simons, Goossens.

TOKK 2017, nr 3.

Do parents of children with metabolic diseases benefit from the Triple P – Positive Parenting Program? A pilot study.

Van Mechelen K, Kessels I, Simons A, Glazemakers I.

Journal of pediatric endocrinology & metabolism: JPEM; 2018; 31(12). DOI: 10.1515/jpem-2018-0219

Girl With Tyrosinemia Type 1 and Executive Dysfunctions Treated With Methylphenidate: A Case Report.

Simons A, Eyskens F, Raets E, Glazemakers I, Van west D.

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Een atypische presentatie van een hoogbegaafd patiëntje met pica.

Debruyne E, Simons A, Docx M.

Tijdschrift voor Geneeskunde, 2019; 75(19). DOI: 10.2143/TVG.75.19.2002927